

# Services

## Concussion Management

A concussion is a brain injury, the result of a trauma, that can damage brain tissue and alter the chemical balance of the brain. To a physical therapist and other health professionals, it is considered a serious issue that can cause both long-term and short-term physical, mental and emotional problems if it is not treated properly.

When a patient is thought to have a concussion, we immediately do a thorough assessment of symptoms and if a concussion has occurred, we offer a safe and customized program of care.

Concussions are most commonly the result of injuries sustained in a car accident, a sports accident, work accidents or in children, playground accidents. It can also be the result of a violent attack.

Recovery of a concussion must be managed over a period of several weeks to several months, depending on the severity of the injury.